

ROCK HILL

1724 EBENEZER ROAD (next to Food Lion)
 Phone: 803-981-9222 Fax: 803-981-9333
 Open: Monday-Friday 10am-7pm, Saturday 10am-6pm
 www.southern.saladsandsandwichcompany.com



OUR HOMEMADE SANDWICHES*

- Chicken Salad**..... \$6.50
(Creamy or Chunky)*
Our Signature Sandwich
Creamy or Chunky, made Fresh Daily!
- BBQ Sandwich***..... \$5.75
(Vinegar, Mustard, Tomato or Special Blend)
Pulled Smoked Pork with one of Our
Homemade Special Southern Sauces
- Ham Salad***..... \$6.50
Our Special Blend of Roasted Ham and
Spices on your choice of bread.
- Tuna Salad***..... \$6.50
A Special Blend of Chunk Tuna mixed to
perfection, on your choice of bread.
- Pimiento Cheese**..... \$5.95
(Regular or Spicy)*
Made Fresh Daily! Served on the bread
of your choice.
- Egg Salad Sandwich***..... \$5.95
Fresh, Homemade Egg Salad with your
choice of bread.
- Buffalo Chicken Wrap**..... \$7.95
Grilled Chicken tossed in Buffalo Sauce
with Lettuce and Tomato, served in a
Honey Wheat Wrap with your choice of
Blue Cheese or Ranch Dressing.
- Caesar Chicken Wrap**..... \$7.95
Grilled Chicken covered in Caesar
Dressing with Lettuce and Tomato and
Parmesan, In a Honey Wheat Wrap.
- NEW Meatloaf Sandwich**..... \$7.95
Our Homemade Meatloaf with a Special
Tomato Glaze on Grilled White.
- "Adult" Grilled Cheese**..... \$4.55
Lots of Cheese with Tomato, Grilled
on the bread of your choice.
Add Bacon - \$1.50 For those of us
that are "Kids at Heart".

*Our original Homemade Recipe

Breads: White, Wheat, Croissant, Rye, Pita, and Sourdough. **Wraps:** Tomato, Spinach, HoneyWheat
Cheese: Swiss, Provolone, Cheddar, and American **ADD Bacon for ONLY \$1.50**
Side Items: Potato Salad, Pasta Salad, Slaw and a Large Assortment of Chips **\$1.25**
Extra Dressing: Ranch, Italian, Bleu Cheese, Honey Mustard, Caesar **\$5.00**

SPECIALTY BURGERS *By HAND*

- Southern Salads "Original" Burger**..... \$8.50
1/2 lb. Burger with American Cheese, Lettuce, Tomato and
Onion served on a bun.
- Our Famous "Cheesy" Burger**..... \$8.95
1/2 lb. Burger with Our Famous Spicy Pimiento Cheese.
- Southern Salad's "Morning" Burger**..... \$8.99
1/2 lb. Burger with Cheddar Cheese, Applewood Smoked
Bacon and a Fried Egg on Top!
- Turkey Burger**..... \$8.50
1/2 lb. of Ground Turkey with American Cheese, Lettuce,
Tomato and Onion served on a bun.

- Papa Nick Burger**..... \$10.50
1/2 lb. Burger Covered in Pepper Jack Cheese, Topped
with 1/4lb. of Tomato BBQ and Dusted with
French Fried Onions. What a Burger!
- Black and Blue Burger**..... \$8.95
1/2 lb. Burger Covered in Blue Cheese Crumbles
with Lettuce, Tomato and Onion.
- "Southern" Burger**..... \$8.95
1/2 lb. Burger with Mustard, Chili, Cheese and Our
Original Homemade Slaw. A Southern Tradition.
- Patty Melt**..... \$7.99
1/2 lb. Burger with American Cheese and Grilled Onions
on Grilled Rye. Talk about Comfort Food!!!

Cheese: Swiss, Provolone, Cheddar, American, Pepper Jack, Goat Cheese and Feta **ADD Apple wood Smoked Bacon for ONLY \$1.50**
***PUBLIC HEALTH ADVISORY:** Eggs, Hamburgers and Seafood may be cooked to order. However, the consumption of raw or undercooked food such as eggs,
 hamburgers and seafood which may contain harmful bacteria, may cause serious illness or death, especially if you have certain medical conditions.

FORT MILL

2000 HWY 160 W SUITE 104 (next to Breadsmith)
 Phone: 803-548-9222 Fax: 803-548-9333
 Open: Monday-Friday 10-7, Saturday 10-3
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DELI Sandwiches*

- Turkey Breast Sandwich**..... \$7.25
(97% Fat Free)
Sliced Turkey Piled High on your choice of
bread with your choice of toppings.
- Hardwood Smoked Ham**..... \$7.25
Smoked Ham Stacked High on your choice
of bread with your choice of toppings.
- Roast Beef**..... \$7.25
Our House Roasted Tender Roast Beef
Piled High, with your choice of toppings
on the bread of your choice.
- Carolina Club**..... \$8.95
Turkey, Ham and Applewood Smoked
Bacon, Stacked High, with American
Cheese, Lettuce, Tomato and Mayo.
- Chicken Salad Club***..... \$8.95
Our Famous Homemade Chicken Salad
(Creamy or Chunky) Applewood Smoked
Bacon and American Cheese, Stacked
High on your choice of bread, with
Lettuce and Tomato.
- BLT**..... \$5.75
Applewood Smoked Bacon, Lettuce,
Tomato and Mayo, on the toasted bread
of your choice. Add Extra Bacon - \$1.50

**All meat and cheese on deli sandwiches are
 heated unless requested cold.



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CLASSIC

GARDEN SALAD \$7.50

Our Crisp Salad Mix, served with Bacon, Tomatoes, Green Peppers, Onions, Cucumbers and Cheddar Cheese.

- Add 1 Scoop (choice of topping*) \$2.49
- Add 2 Scoops (choice of topping*)..... \$4.99
- Add Grilled Chicken \$2.49
- Add Grilled Steak \$3.99
- Add Grilled Shrimp \$5.99
- Add Crab Cakes \$5.99

SW BBQ CHICKEN SALAD \$10.25

Grilled Chicken in our Homemade BBQ Sauce, served on a bed of Our Salad Mix with Black Beans, Fried Corn, Egg, and Sprinkled with Spicy French Fried Onions

- Sub Grilled Steak \$1.99
- Sub Grilled Shrimp \$3.99

CHEF SALAD \$10.75

Turkey, Ham and Cheddar Cheese served on a bed of Our Salad Mix with Tomatoes, Green Peppers, Onions, Cucumbers, Bacon and an Egg. A Classic!

OUR NEW HARVEST SALAD \$9.25

Our Classic Salad Mix with Sliced Apple, Cranraisins, Grapes and Chopped Pecans.
 Try Our Raspberry or Balsamic Vinaigrette!

- Add 1 Scoop (choice of topping *) \$2.49
- Add 2 Scoops (choice of topping *) \$4.99
- Add Grilled Chicken \$2.49
- Add Grilled Steak \$3.99
- Add Grilled Shrimp..... \$5.99
- Add Crab Cakes \$5.99

GREEK SALAD \$9.25

A large bed of our Crisp Salad Mix with Black Olives, Tomatoes, Onions, Feta, Cucumbers, Banana Peppers, and an egg.

- Add 1 Scoop (choice of topping *) \$2.49
- Add 2 Scoops (choice of topping *) \$4.99
- Add Grilled Chicken \$2.49
- Add Grilled Steak \$3.99
- Add Grilled Shrimp..... \$5.99
- Add Crab Cakes \$5.99

SIDE SALAD \$4.75

Crisp Salad Mix with Tomato & Cucumber

SUMMER SALAD \$9.25

A large bed of our Crisp Salad Mix with Mandarin Oranges, Cranraisins and Pecans.

- Add 1 Scoop (choice of topping *) \$2.49
- Add 2 Scoops (choice of topping *) \$4.99
- Add Grilled chicken..... \$2.49
- Add Grilled Steak..... \$3.99
- Add Grilled Shrimp..... \$5.99
- Add Crab Cakes \$5.99

CAESAR SALAD \$7.50

A large bed of Romaine, served with Shaved Parmesan and Croutons.

- Add 1 Scoop (choice of topping *) \$2.49
- Add 2 Scoops (choice of topping *) \$4.99
- Add Grilled Chicken \$2.49
- Add Grilled Steak..... \$3.99
- Add Grilled Shrimp..... \$5.99
- Add Crab Cakes \$5.99

*Choice of Topping: Creamy, Chunky, BBQ (Tomato, Special Blend, Mustard, Vinegar), Pimiento Cheese (Spicy or Regular), Tuna Salad, Ham Salad, Egg Salad

Salad Dressings

Ranch, Italian, Blue Cheese, Honey Mustard, Balsamic Vinaigrette, Caesar, and 1000 Island
 Fat Free: Ranch, Italian and Raspberry Vinaigrette (Extra: \$.50 each)

ADDITIONAL TOPPINGS: (excluding meats and specialty items) \$.50 each **ADD:** Cheddar, Feta, Blue Cheese or Parmesan \$.75

Pasta's and Such

Vegi Pasta \$9.25

Carrots, Peas and Broccoli tossed in Alfredo Cream Sauce.
 (Cajun or South Sea Herb Seasoning Available)

- Add Grilled Chicken \$2.49
- Add Grilled Shrimp \$5.99
- Add Grilled Steak \$3.99
- Add Crab Cakes \$5.99

BBQ Plate \$9.95

1/2 lb. of Our Pulled Smoked Pork with one of Our Special Southern Sauces, Texas toast & 2 side items!!

SOUPS

- Cup of Soup \$3.29
- Bowl of Soup \$4.99
- Add a Cup of Soup to a Sandwich or a Salad: \$2.79

Kid's Korner (For Kid's Under 8 ONLY)

- Corn Dog \$4.75
- Grilled Cheese (cheese only) \$4.75
- Peanut Butter & Jelly Kid's \$4.75
- Mac N Cheese \$4.75
- Chicken Nuggets..... \$4.75

Kid's Meals Include a Juice and a Cookie!

Desserts

- Pound Cake (Lemon) \$2.25
- Cookie \$0.50

**Ask for Our "Catering Menu"
 For Your Family or
 Business Gatherings!!**

Our Famous Homemade Items **TO GO**

	(1/2 lb)	(1 lb)	(5 lb)
Our Homemade Chicken Salad (Creamy or Chunky)	\$4.99	\$8.59	\$38.99
Bar-B-Q (Mustard, Tomato, Vinegar or Special Blend)	\$4.99	\$8.59	\$38.99
Pimiento Cheese (Spicy or Regular).....	\$2.99	\$5.50	\$26.00
Tuna Salad.....	\$4.99	\$8.59	\$38.99
Ham Salad.....	\$4.99	\$8.59	\$38.99
Slaw.....	\$2.25	\$3.75	\$17.50
Pasta Salad.....	\$2.25	\$3.75	\$17.50
Potato Salad.....	\$2.25	\$3.75	\$17.50
Egg Salad.....	\$3.75	\$6.50	\$30.00

FOOD ALLERGY NOTICE: Please be advised that food prepared here may contain these ingredients:
 Milk, Eggs, Wheat, Soybean, Peanuts, Tree Nuts, Fish and Shellfish.

Prices are subject to change. Split Charge of \$.50 will be added for any items split.