

ROCK HILL

1724 EBENEZER ROAD (next to Food Lion)
 Phone: 803-981-9222 Fax: 803-981-9333
 Open: Monday-Saturday 10-8
 www.southern.saladsandsandwichcompany.com



OUR HOMEMADE SANDWICHES*

- Chicken Salad**..... \$6.25
 (Creamy or Chunky)*
 Our Signature Sandwich
 Creamy or Chunky, made Fresh Daily!
- BBQ Sandwich***..... \$5.75
 (Vinegar, Mustard, Tomato or Special Blend)
 Pulled Smoked Pork with one of Our
 Homemade Special Southern Sauces
- Ham Salad***..... \$6.25
 Our Special Blend of Roasted Ham and
 Spices on your choice of bread.
- Tuna Salad***..... \$6.25
 A Special Blend of Chunk Tuna mixed to
 perfection, on your choice of bread.
- Pimiento Cheese**..... \$5.50
 (Regular or Spicy)*
 Made Fresh Daily! Served on the bread
 of your choice.
- Egg Salad Sandwich***..... \$4.95
 Fresh, Homemade Egg Salad with your
 choice of bread.
- Buffalo Chicken Wrap**..... \$7.75
 Grilled Chicken tossed in Buffalo Sauce
 with Lettuce and Tomato, served in a
 Honey Wheat Wrap with your choice of
 Blue Cheese or Ranch Dressing.
- Caesar Chicken Wrap**..... \$7.75
 Grilled Chicken covered in Caesar
 Dressing with Lettuce and Tomato and
 Parmesan, In a Honey Wheat Wrap.
- NEW Meatloaf Sandwich**..... \$7.95
 Our Homemade Meatloaf with a Special
 Tomato Glaze on Grilled White.
- "Adult" Grilled Cheese**..... \$4.55
 Lots of Cheese with Tomato, Grilled
 on the bread of your choice.
 Add Bacon - \$1.50 For those of us
 that are "Kids at Heart".

SOUTHERN SALAD'S Grilled Sandwiches

- Philly Cheese (Beef or Chicken)....** \$7.75
 Our House Roasted Roast Beef or Grilled
 Chicken with Green Peppers, Onions and
 Melted Provolone on a Hoagie Roll.
- French Dip....** \$7.75
 Our House Roasted Roast Beef, Melted
 Provolone and Au Jus for dipping.
- NEW Fried Bologna Sandwich....** \$6.75
 A Southern Favorite! A 1/2lb. Bologna
 Steak with American Cheese and Mayo.
- Grilled Reuben...** \$7.95
 (Turkey or Corned Beef)
 Grilled Turkey or Corned Beef, with
 Sauerkraut and Swiss Cheese, Stacked
 High on Rye with 1000 Island Dressing.
- Grilled Chicken Sandwich....** \$7.75
 Grilled Chicken (Grilled or Cajun Style)
 with Lettuce, Tomato, Provolone
 and mayo on a Focaccia Roll.
- Smothered Chicken Sandwich....** \$7.99
 Grilled Chicken smothered with
 Mushrooms, Onions and Our Famous
 Tomato BBQ Sauce, covered in Melted
 Provolone on a Focaccia Roll.
- COLD PLATE - 1....** \$4.75
 1 Scoop of your Choice of Topping*, A
 piece of Lettuce, Tomato and a pickle.

*Our original Homemade Recipe

FORT MILL

2000 HWY 160 W SUITE 104 (next to Breadsmith)
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DELI Sandwiches*

- Turkey Breast Sandwich** \$7.25
 (97% Fat Free)
 Sliced Turkey Piled High on your choice of
 bread with your choice of toppings.
- Hardwood Smoked Ham** \$7.25
 Smoked Ham Stacked High on your choice
 of bread with your choice of toppings.
- Roast Beef** \$7.25
 Our House Roasted Tender Roast Beef
 Piled High, with your choice of toppings
 on the bread of your choice.
- Carolina Club** \$8.75
 Turkey, Ham and Applewood Smoked
 Bacon, Stacked High, with American
 Cheese, Lettuce, Tomato and Mayo.
- Chicken Salad Club*** \$8.75
 Our Famous Homemade Chicken Salad
 (Creamy or Chunky) Applewood Smoked
 Bacon and American Cheese, Stacked
 High on your choice of bread, with
 Lettuce and Tomato.
- BLT** \$5.50
 Applewood Smoked Bacon, Lettuce,
 Tomato and Mayo, on the toasted bread
 of your choice. Add Extra Bacon - \$1.50
- NEW Crab Cake BLT** \$7.99
 Our Homemade Crab Cake, with
 Applewood Smoked Bacon, Lettuce,
 Tomato and Mayo, on a Bun.

**All meat and cheese on deli sandwiches are heated unless requested cold.

Now using Local Honey
 in All of our
 Homemade Recipes

Breads: White, Wheat, Croissant, Rye, Pita, Sourdough, and Pumpernickel. **Wraps:** Tomato, Spinach, HoneyWheat
Cheese: Swiss, Provolone, Cheddar, American and PepperJack **ADD Bacon for ONLY \$1.50**
Side Items: Potato Salad, Pasta Salad, Slaw and a Large Assortment of Chips \$1.25

SPECIALTY BURGERS *By HAND*

- Southern Salads "Original" Burger** \$7.99
 1/2 lb. Burger with American Cheese, Lettuce, Tomato and
 Onion served on a bun.
- Our Famous "Cheesy" Burger** \$8.75
 1/2 lb. Burger with Our Famous Spicy Pimiento Cheese.
- Southern Salad's "Morning" Burger** \$8.99
 1/2 lb. Burger with Cheddar Cheese, Applewood Smoked
 Bacon and a Fried Egg on Top!
- Turkey Burger** \$7.99
 1/2 lb. of Ground Turkey with American Cheese, Lettuce,
 Tomato and Onion served on a bun.
- Papa Nick Burger** \$10.50
 1/2 lb. Burger Covered in Pepper Jack Cheese, Topped
 with 1/4lb. of Tomato BBQ and Dusted with
 French Fried Onions. What a Burger!
- Black and Blue Burger** \$8.75
 1/2 lb. Burger Covered in Blue Cheese Crumbles
 with Lettuce, Tomato and Onion.
- "Southern" Burger** \$8.75
 1/2 lb. Burger with Mustard, Chili, Cheese and Our
 Original Homemade Slaw. A Southern Tradition.
- Patty Melt** \$7.99
 1/2 lb. Burger with American Cheese and Grilled Onions
 on Grilled Rye. Talk about Comfort Food!!!

Cheese: Swiss, Provolone, Cheddar, American, Pepper Jack, Goat Cheese and Feta **ADD Apple wood Smoked Bacon for ONLY \$1.50**
***PUBLIC HEALTH ADVISORY:** Eggs, Hamburgers and Seafood may be cooked to order. However, the consumption of raw or undercooked food such as eggs,
 hamburgers and seafood which may contain harmful bacteria, may cause serious illness or death, especially if you have certain medical conditions.

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CLASSIC

GARDEN SALAD \$7.25

Our Crisp Salad Mix, served with Bacon, Tomatoes, Green Peppers, Onions, Cucumbers and Cheddar Cheese.

- Add 1 Scoop (choice of topping*) \$2.49
- Add 2 Scoops (choice of topping*)..... \$4.99
- Add Grilled Chicken \$2.49
- Add Grilled Steak \$3.99
- Add Grilled Shrimp \$5.99
- Add Crab Cakes \$5.99

SW BBQ CHICKEN SALAD \$10.25

Grilled Chicken in our Homemade BBQ Sauce, served on a bed of Our Salad Mix with Black Beans, Fried Corn, Egg, and Sprinkled with Spicy French Fried Onions

- Sub Grilled Steak \$1.99
- Sub Grilled Shrimp \$3.99

CHEF SALAD \$10.25

Turkey, Ham and Cheddar Cheese served on a bed of Our Salad Mix with Tomatoes, Green Peppers, Onions, Cucumbers, Bacon and an Egg. A Classic!

*Choice of Topping: Creamy, Chunky, BBQ (Tomato, Special Blend, Mustard, Vinegar), Pimiento Cheese (Spicy or Regular), Tuna Salad, Ham Salad, Egg Salad

Salad Dressings

Ranch, Italian, Blue Cheese, Honey Mustard, Balsamic Vinaigrette, Caesar, and 1000 Island

Fat Free: Ranch, Italian and Raspberry Vinaigrette

ADDITIONAL TOPPINGS: (excluding meats and specialty items) \$.50 each **ADD:** Cheddar, Feta, Blue Cheese or Parmesan \$.75

Pasta's and Such

Vegi Pasta \$8.75

Carrots, Peas and Broccoli tossed in Alfredo Cream Sauce.
 (Cajun or South Sea Herb Seasoning Available)

- Add Grilled Chicken \$2.49
- Add Grilled Shrimp \$5.99
- Add Grilled Steak \$3.99
- Add Crab Cakes \$5.99

BBQ Plate \$9.25

1/2 lb. of Our Pulled Smoked Pork with one of Our Special Southern Sauces, Texas toast & 2 side items!!

SOUPS

- Cup of Soup \$3.29
- Bowl of Soup \$4.99
- Add a Cup of Soup to a Sandwich or a Salad: \$2.79

Kid's Korner (For Kid's Under 8 ONLY)

- Corn Dog \$4.25
- Grilled Cheese (cheese only) \$4.25
- Peanut Butter & Jelly Kid's \$4.25
- Mac N Cheese \$4.25
- Chicken Nuggets..... \$4.25

Kid's Meals Include a Juice and a Cookie!

Desserts

- Pound Cake (Lemon or Chocolate) \$2.25
- Cookie \$0.50

**Ask for Our "Catering Menu"
 For Your Family or
 Business Gatherings!!**

Our Famous Homemade Items TO GO			
	(1/2 lb)	(1 lb)	(5 lb)
Our Homemade Chicken Salad (Creamy or Chunky)	\$4.99	\$8.59	\$38.99
Smoked or Cajun Chicken Salad	\$5.39	\$9.59	\$43.99
Bar-B-Q	\$4.99	\$8.59	\$38.99
(Mustard, Tomato, Vinegar or Special Blend)			
Pimiento Cheese (Spicy or Regular).....	\$2.99	\$5.50	\$26.00
Tuna Salad	\$4.99	\$8.59	\$38.99
Ham Salad.....	\$4.99	\$8.59	\$38.99
Slaw.....	\$2.25	\$3.75	\$17.50
Pasta Salad.....	\$2.25	\$3.75	\$17.50
Potato Salad.....	\$2.25	\$3.75	\$17.50
Egg Salad.....	\$3.75	\$6.50	\$30.00

FOOD ALLERGY NOTICE: Please be advised that food prepared here may contain these ingredients:
 Milk, Eggs, Wheat, Soybean, Peanuts, Tree Nuts, Fish and Shellfish.

Prices are subject to change. Split Charge of \$.50 will be added for any items split.

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SALADS

OUR NEW HARVEST SALAD \$8.95

Our Classic Salad Mix with Sliced Apple, Cranraisins, Grapes and Chopped Pecans.
 Try Our Raspberry or Balsamic Vinaigrette!

- Add 1 Scoop (choice of topping *) \$2.49
- Add 2 Scoops (choice of topping *) \$4.99
- Add Grilled Chicken \$2.49
- Add Grilled Steak..... \$3.99
- Add Grilled Shrimp..... \$5.99
- Add Crab Cakes \$5.99

GREEK SALAD \$8.95

A large bed of our Crisp Salad Mix with Black Olives, Tomatoes, Onions, Feta, Cucumbers, Banana Peppers, and an egg.

- Add 1 Scoop (choice of topping *) \$2.49
- Add 2 Scoops (choice of topping *) \$4.99
- Add Grilled Chicken \$2.49
- Add Grilled Steak..... \$3.99
- Add Grilled Shrimp..... \$5.99
- Add Crab Cakes \$5.99

SIDE SALAD \$4.50

Crisp Salad Mix with Tomato & Cucumber