

# ROCK HILL

1724 EBENEZER ROAD (next to Food Lion)  
 Phone: 803-981-9222 Fax: 803-981-9333  
 Open: Monday-Saturday 10-8  
 www.southern.saladsandsandwichcompany.com



## OUR HOMEMADE \*SANDWICHES\*

- Chicken Salad** ..... \$5.75  
 (Creamy or Chunky)\*  
 Our Signature Sandwich  
 Creamy or Chunky, made Fresh Daily!
- BBQ Sandwich\*** ..... \$5.25  
 (Vinegar, Mustard, Tomato or Special Blend)  
 Pulled Smoked Pork with one of Our  
 Homemade Special Southern Sauces
- Ham Salad\*** ..... \$5.75  
 Our Special Blend of Roasted Ham and  
 Spices on your choice of bread.
- Tuna Salad\*** ..... \$5.75  
 A Special Blend of Chunk Tuna mixed to  
 perfection, on your choice of bread.
- Pimiento Cheese** ..... \$4.95  
 (Regular or Spicy)\*  
 Made Fresh Daily! Served on the bread  
 of your choice.
- Egg Salad Sandwich\*** ..... \$4.55  
 Fresh, Homemade Egg Salad with your  
 choice of bread.
- Buffalo Chicken Wrap** ..... \$7.25  
 Grilled Chicken tossed in Buffalo Sauce  
 with Lettuce and Tomato, served in a  
 Honey Wheat Wrap with your choice of  
 Blue Cheese or Ranch Dressing.
- Caesar Chicken Wrap** ..... \$7.25  
 Grilled Chicken covered in Caesar  
 Dressing with Lettuce and Tomato and  
 Parmesan, In a Honey Wheat Wrap.
- NEW Meatloaf Sandwich** ..... \$7.95  
 Our Homemade Meatloaf with a Special  
 Tomato Glaze on Grilled White.
- "Adult" Grilled Cheese** ..... \$4.50  
 Lots of Cheese with Tomato, Grilled  
 on the bread of your choice.  
 Add Bacon - \$1.50 For those of us  
 that are "Kids at Heart".

# FORT MILL

2000 HWY 160 W SUITE 104 (next to Breadsmith)  
 Phone: 803-548-9222 Fax: 803-548-9333  
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## DELI \*Sandwiches\*

- ### SOUTHERN SALAD'S Grilled Sandwiches
- Philly Cheese (Beef or Chicken)...** \$7.25  
 Our House Roasted Roast Beef or Grilled  
 Chicken with Green Peppers, Onions and  
 Melted Provolone on a Hoagie Roll.
  - French Dip**...\$7.25  
 Our House Roasted Roast Beef, Melted  
 Provolone and Au Jus for dipping.
  - NEW Fried Bologna Sandwich**...\$6.25  
 A Southern Favorite! A 1/2lb. Bologna  
 Steak with American Cheese and Mayo.
  - Grilled Reuben**...\$7.25  
 (Turkey or Corned Beef)  
 Grilled Turkey or Corned Beef, with  
 Sauerkraut and Swiss Cheese, Stacked  
 High on Rye with 1000 Island Dressing.
  - Grilled Chicken Sandwich**...\$7.25  
 Grilled Chicken (Grilled or Cajun Style)  
 with Lettuce, Tomato, Provolone  
 and mayo on a Focaccia Roll.
  - Smothered Chicken Sandwich**...\$7.50  
 Grilled Chicken smothered with  
 Mushrooms, Onions and Our Famous  
 Tomato BBQ Sauce, covered in Melted  
 Provolone on a Focaccia Roll.
  - COLD PLATE - 1**...\$4.25  
 1 Scoop of your Choice of Topping\*, A  
 piece of Lettuce, Tomato and a pickle.

- Turkey Breast Sandwich** .....\$6.95  
 (97% Fat Free)  
 Sliced Turkey Piled High on your choice of  
 bread with your choice of toppings.
- Hardwood Smoked Ham** .....\$6.95  
 Smoked Ham Stacked High on your choice  
 of bread with your choice of toppings.
- Roast Beef** .....\$6.95  
 Our House Roasted Tender Roast Beef  
 Piled High, with your choice of toppings  
 on the bread of your choice.
- Carolina Club** .....\$8.25  
 Turkey, Ham and Applewood Smoked  
 Bacon, Stacked High, with American  
 Cheese, Lettuce, Tomato and Mayo.
- Chicken Salad Club\*** .....\$8.25  
 Our Famous Homemade Chicken Salad  
 (Creamy or Chunky) Applewood Smoked  
 Bacon and American Cheese, Stacked  
 High on your choice of bread, with  
 Lettuce and Tomato.
- BLT** .....\$5.25  
 Applewood Smoked Bacon, Lettuce,  
 Tomato and Mayo, on the toasted bread  
 of your choice. Add Extra Bacon - \$1.50
- NEW Crab Cake BLT** .....\$7.95  
 Our Homemade Crab Cake, with  
 Applewood Smoked Bacon, Lettuce,  
 Tomato and Mayo, on a Bun.

\*\*All meat and cheese on deli sandwiches are heated unless requested cold.

**Now using Local Honey  
in All of our  
Homemade Recipes**

\*Our original Homemade Recipe

**Breads:** White, Wheat, Croissant, Rye, Pita, Sourdough, and Pumpernickel. **Wraps:** Tomato, Spinach, HoneyWheat  
**Cheese:** Swiss, Provolone, Cheddar, American and PepperJack **ADD Bacon for ONLY \$1.50**  
**Side Items:** Potato Salad, Pasta Salad, Macaroni Salad, Slaw and a Large Assortment of Chips \$1.25

## SPECIALTY BURGERS *By HAND*

- Southern Salads "Original" Burger** ..... \$7.95  
 1/2 lb. Burger with American Cheese, Lettuce, Tomato and  
 Onion served on a bun.
- Our Famous "Cheesy" Burger** ..... \$8.50  
 1/2 lb. Burger with Our Famous Spicy Pimiento Cheese.
- Southern Salad's "Morning" Burger** ..... \$8.75  
 1/2 lb. Burger with Cheddar Cheese, Applewood Smoked  
 Bacon and a Fried Egg on Top!
- Turkey Burger** ..... \$7.95  
 1/2 lb. of Ground Turkey with American Cheese, Lettuce,  
 Tomato and Onion served on a bun.
- Our New Papa Nick Burger** ..... \$10.25  
 1/2 lb. Burger Covered in Pepper Jack Cheese, Topped  
 with 1/4lb. of Tomato BBQ and Dusted with  
 French Fried Onions. What a Burger!
- Black and Blue Burger** ..... \$8.50  
 1/2 lb. Burger Covered in Blue Cheese Crumbles  
 with Lettuce, Tomato and Onion.
- "Southern" Burger** ..... \$8.50  
 1/2 lb. Burger with Mustard, Chili, Cheese and Our  
 Original Homemade Slaw. A Southern Tradition.
- Our NEW Patty Melt** ..... \$7.95  
 1/2 lb. Burger with American Cheese and Grilled Onions  
 on Grilled Rye. Talk about Comfort Food!!!

**Cheese:** Swiss, Provolone, Cheddar, American, Pepper Jack, Goat Cheese and Feta **ADD Apple wood Smoked Bacon for ONLY \$1.50**  
**\*PUBLIC HEALTH ADVISORY:** Eggs, Hamburgers and Seafood may be cooked to order. However, the consumption of raw or undercooked food such as eggs,  
 hamburgers and seafood which may contain harmful bacteria, may cause serious illness or death, especially if you have certain medical conditions.

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## CLASSIC

### GARDEN SALAD \$6.55

Our Crisp Salad Mix, served with Bacon, Tomatoes, Green Peppers, Onions, Cucumbers and Cheddar Cheese.

- Add 1 Scoop (choice of topping\*) .....\$1.99
- Add 2 Scoops (choice of topping\*).....\$3.99
- Add Grilled Chicken .....\$1.99
- Add Grilled Steak .....\$3.99
- Add Grilled Shrimp .....\$5.99
- Add Crab Cakes .....\$5.99

### SW BBQ CHICKEN SALAD \$9.25

Grilled Chicken in our Homemade BBQ Sauce, served on a bed of Our Salad Mix with Black Beans, Fried Corn, Egg, and Sprinkled with Spicy French Fried Onions

- Sub Grilled Steak .....\$1.99
- Sub Grilled Shrimp .....\$3.99

### CHEF SALAD \$9.25

Turkey, Ham and Cheddar Cheese served on a bed of Our Salad Mix with Tomatoes, Green Peppers, Onions, Cucumbers, Bacon and an Egg. A Classic!

\*Choice of Topping: Creamy, Chunky, BBQ (Tomato, Special Blend, Mustard, Vinegar), Pimiento Cheese (Spicy or Regular), Tuna Salad, Ham Salad, Egg Salad

### SUMMER SALAD \$7.95

A large bed of our Crisp Salad Mix with Mandarin Oranges, Cranraisins and Pecans.

- Add 1 Scoop (choice of topping \* ) .....\$1.99
- Add 2 Scoops (choice of topping \* ) .....\$3.99
- Add Grilled chicken.....\$1.99
- Add Grilled Steak.....\$3.99
- Add Crab cakes.....\$5.99

### CAESAR SALAD \$6.55

A large bed of Romaine, served with Shaved Parmesan and Croutons.

- Add 1 Scoop (choice of topping \* ) .....\$1.99
- Add 2 Scoops (choice of topping \* ) .....\$3.99
- Add Grilled Chicken .....\$1.99
- Add Grilled Steak .....\$3.99
- Add Grilled Shrimp.....\$5.99
- Add Crab Cakes .....\$5.99

### Salad Dressings

Ranch, Italian, Blue Cheese, Honey Mustard, Balsamic Vinaigrette, Caesar, 1000 Island, and Our NEW Cucumber Wasabi (Great with Tuna!)  
 Fat Free: Ranch, Italian and Raspberry Vinaigrette

**ADDITIONAL TOPPINGS:** (excluding meats and specialty items) \$.50 each **ADD:** Cheddar, Feta, Blue Cheese or Parmesan \$.50

## Pasta's And Such

### Vegi Pasta \$7.75

Carrots, Peas and Broccoli tossed in Alfredo Cream Sauce.  
 (Cajun or South Sea Herb Seasoning Available)

- Add Grilled Chicken .....\$1.99
- Add Grilled Shrimp .....\$5.99
- Add Grilled Steak .....\$3.99
- Add Crab Cakes .....\$5.99

### BBQ Plate \$8.95

1/2 lb. of Our Pulled Smoked Pork with one of Our Special Southern Sauces, Texas toast & 2 side items!!

### SOUPS

- Cup of Soup \$2.95
- Bowl of Soup \$4.50
- Add a Cup of Soup to a Sandwich or a Salad: \$2.50

Ask for Our "Catering Menu" For Your Family or Business Gatherings!!

### Kid's Korner (For Kid's Under 8 ONLY)

- Corn Dog .....\$4.25
- Grilled Cheese (cheese only) .....\$4.25
- Peanut Butter & Jelly Kid's .....\$4.25
- Mac N Cheese .....\$4.25
- Chicken Nuggets.....\$4.25

Kid's Meals Include a Juice and a Cookie!

### Desserts

- Pound Cake (Lemon or Chocolate) .....\$2.25
- Cookie .....\$0.50

## Our Famous Homemade Items TOGO

	(1/2 lb)	(1 lb)	(5 lb)
Our Homemade Chicken Salad ..... (Creamy or Chunky)	\$4.59	\$8.29	\$36.99
Smoked Chicken Salad.....	\$4.99	\$9.25	\$41.99
Bar-B-Q ..... (Mustard, Tomato, Vinegar or Special Blend)	\$4.59	\$8.29	\$36.99
Pimiento Cheese (Spicy or Regular).....	\$2.59	\$4.75	\$22.00
Tuna Salad.....	\$4.59	\$8.29	\$36.99
Ham Salad.....	\$4.59	\$8.29	\$36.99
Slaw.....	\$1.95	\$3.50	\$16.00
Pasta Salad.....	\$1.95	\$3.50	\$16.00
Potato Salad.....	\$1.95	\$3.50	\$16.00
Egg Salad.....	\$3.50	\$6.25	\$30.00

Prices are subject to change. Split Charge of \$.50 will be added for any items split.

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## SALADS

### OUR NEW HARVEST SALAD \$7.95

Our Classic Salad Mix with Sliced Apple, Cranraisins, Grapes and Chopped Pecans.  
 Try Our Raspberry or Balsamic Vinaigrette!

- Add 1 Scoop (choice of topping \* ) .....\$1.99
- Add 2 Scoops (choice of topping \* ) .....\$3.99
- Add Grilled Chicken .....\$1.99
- Add Grilled Steak .....\$3.99
- Add Grilled Shrimp.....\$5.99
- Add Crab Cakes .....\$5.99

### GREEK SALAD \$7.95

A large bed of our Crisp Salad Mix with Black Olives, Tomatoes, Onions, Feta, Cucumbers, Banana Peppers, and an egg.

- Add 1 Scoop (choice of topping \* ) .....\$1.99
- Add 2 Scoops (choice of topping \* ) .....\$3.99
- Add Grilled Chicken .....\$1.99
- Add Grilled Steak .....\$3.99
- Add Grilled Shrimp.....\$5.99
- Add Crab Cakes .....\$5.99

### SIDE SALAD \$4.25

Crisp Salad Mix with Tomato & Cucumber