

# ROCK HILL

1724 EBENEZER ROAD (next to Food Lion)  
 Phone: 803-981-9222 Fax: 803-981-9333  
 Open: Monday-Friday 10am-7pm, Saturday 10am-6pm  
 www.southern.saladsandsandwichcompany.com



## OUR HOMEMADE SANDWICHES

- Southern Salad Croissant** ..... **\$7.50**  
 Try Our **NEW** Signature Sandwich!!!  
 Our Homemade Creamy Chicken Salad with Pecans, Apples and Cucumber on a Croissant.  
*What a Fresh, Refreshing Sandwich!*
- Chicken Salad**..... **\$6.50**  
**(Creamy or Chunky)\***  
 Our Signature Sandwich  
 Creamy or Chunky, made Fresh Daily!
- BBQ Sandwich\***..... **\$5.75**  
**(Vinegar, Mustard, Tomato or Special Blend)**  
 Pulled Smoked Pork with one of Our  
 Homemade Special Southern Sauces
- Ham Salad\*** ..... **\$6.50**  
 Our Special Blend of Roasted Ham and  
 Spices on your choice of bread.
- Tuna Salad\***..... **\$6.50**  
 A Special Blend of Chunk Tuna mixed to  
 perfection, on your choice of bread.
- Pimiento Cheese** ..... **\$5.95**  
**(Regular or Spicy)\***  
 Made Fresh Daily! Served on the bread  
 of your choice.
- Egg Salad Sandwich\***..... **\$5.95**  
 Fresh, Homemade Egg Salad with your  
 choice of bread.
- Buffalo Chicken Wrap**..... **\$8.25**  
 Grilled Chicken tossed in Buffalo Sauce  
 with Lettuce and Tomato, served in a  
 Honey Wheat Wrap with your choice of  
 Blue Cheese or Ranch Dressing.
- Caesar Chicken Wrap** ..... **\$8.25**  
 Grilled Chicken covered in Caesar  
 Dressing with Lettuce and Tomato and  
 Parmesan, In a Honey Wheat Wrap.
- "Adult" Grilled Cheese**..... **\$4.55**  
 Lots of Cheese Grilled on the bread of your choice.  
 Add Bacon - \$1.50  
 For those of us that are "Kids at Heart".

\*Our Original Homemade Recipe

# FORT MILL

2000 HWY 160 W SUITE 104 (next to Breadsmith)  
 Phone: 803-548-9222 Fax: 803-548-9333  
 Open: Monday-Friday 10-7, Saturday 10-3  
 www.southern.saladsandsandwichcompany.com

## DELI SANDWICHES

- Turkey Breast Sandwich** ..... **\$7.25**  
**(97% Fat Free)**  
 Sliced Turkey Piled High on your choice of  
 bread with your choice of toppings.
- Hardwood Smoked Ham** ..... **\$7.25**  
 Smoked Ham Stacked High on your choice  
 of bread with your choice of toppings.
- Roast Beef**..... **\$7.25**  
 Our House Roasted Tender Roast Beef  
 Piled High, with your choice of toppings  
 on the bread of your choice.
- Carolina Club** ..... **\$8.95**  
 Turkey, Ham and Applewood Smoked  
 Bacon, Stacked High, with American  
 Cheese, Lettuce, Tomato and Mayo.
- Chicken Salad Club\***..... **\$8.95**  
 Our Famous Homemade Chicken Salad  
 (Creamy or Chunky) Applewood Smoked  
 Bacon and American Cheese, Stacked  
 High on your choice of bread, with  
 Lettuce and Tomato.
- BLT**..... **\$5.75**  
 Applewood Smoked Bacon, Lettuce,  
 Tomato and Mayo, on the toasted bread  
 of your choice. Add Extra Bacon - \$1.50

\*\*All meat and cheese on deli sandwiches are heated unless requested cold.

## SOUTHERN SALAD'S GRILLED SANDWICHES

- Philly Cheese (Beef or Chicken)**.. **\$7.95**  
 Our House Roasted Roast Beef or Grilled  
 Chicken with Green Peppers, Onions and  
 Melted Provolone on a Hoagie Roll.
- French Dip**... **\$7.95**  
 Our House Roasted Roast Beef, Melted  
 Provolone and Au Jus for dipping.
- Grilled Reuben**... **\$8.50**  
**(Turkey or Corned Beef)**  
 Grilled Turkey or Corned Beef, with  
 Sauerkraut and Swiss Cheese, Stacked  
 High on Rye with 1000 Island Dressing.
- Grilled Chicken Sandwich**... **\$8.25**  
 Grilled Chicken (Grilled or Cajun Style)  
 with Lettuce, Tomato, Provolone  
 and mayo on a Focaccia Roll.
- Smothered Chicken Sandwich**... **\$8.25**  
 Grilled Chicken smothered with  
 Mushrooms, Onions and Our Famous  
 Tomato BBQ Sauce, covered in Melted  
 Provolone on a Focaccia Roll.

- Breads:** White, Wheat, Croissant, Rye, and Sourdough.
- Wraps:** Tomato, Spinach and Honey Wheat
- Cheese:** Swiss, Provolone, Cheddar, and American
- ADD Bacon for ONLY**..... **\$1.50**
- Side Items:** Potato Salad, Pasta Salad, Slaw and a  
 Large Assortment of Chips..... **\$1.75**
- Extra Dressing:** Ranch, Italian, Bleu Cheese,  
 Honey Mustard, Caesar..... **\$0.50**



## SPECIALTY BURGERS *By HAND*

- Southern Salads "Original" Burger** ..... **\$8.50**  
 1/2 lb. Burger with American Cheese, Lettuce, Tomato and  
 Onion served on a bun.
- Our Famous "Cheesy" Burger** ..... **\$8.95**  
 1/2 lb. Burger with Our Famous Spicy Pimiento Cheese.
- Southern Salad's "Morning" Burger** ..... **\$8.99**  
 1/2 lb. Burger with Cheddar Cheese, Applewood Smoked  
 Bacon and a Fried Egg on Top!
- Turkey Burger** ..... **\$8.50**  
 1/2 lb. of Ground Turkey with American Cheese, Lettuce,  
 Tomato and Onion served on a bun.
- Bacon, Mushroom & Swiss Burger** ..... **\$8.99**  
 1/2 lb. Burger with Bacon, Mushroom and Swiss. Yum!!
- Papa Nick Burger** ..... **\$10.50**  
 1/2 lb. Burger Covered in Provolone Cheese, Topped  
 with 1/4lb. of Tomato BBQ and Dusted with  
 French Fried Onions. What a Burger!
- Black and Blue Burger** ..... **\$8.95**  
 1/2 lb. Burger Covered in Blue Cheese Crumbles  
 with Lettuce, Tomato and Onion.
- "Southern" Burger** ..... **\$8.95**  
 1/2 lb. Burger with Mustard, Chili, Cheese and Our  
 Original Homemade Slaw. A Southern Tradition.
- Patty Melt** ..... **\$7.99**  
 1/2 lb. Burger with American Cheese and Grilled Onions  
 on Grilled Rye. Talk about Comfort Food!!!

Cheese: Swiss, Provolone, Cheddar, and American ADD Apple wood Smoked Bacon for ONLY \$1.50

\*PUBLIC HEALTH ADVISORY: Eggs, Hamburgers and Seafood may be cooked to order. However, the consumption of raw or undercooked food such as eggs, hamburgers and seafood which may contain harmful bacteria, may cause serious illness or death, especially if you have certain medical conditions.

Order before you visit by ordering online at [www.southern.saladsandsandwichcompany.com](http://www.southern.saladsandsandwichcompany.com)

or Call us at (803) 981-9222 in Rock Hill or (803) 548-9222 in Fort Mill.

**Curbside Pickup Available!**

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### CLASSIC

#### GARDEN SALAD.....\$7.50

*Our Crisp Salad Mix, served with Tomatoes, Green Peppers, Onions, Cucumbers and Cheddar Cheese.*

- Add 1 Scoop (choice of topping\*) .....\$2.49
- Add 2 Scoops (choice of topping\*) .....\$4.99
- Add Grilled Chicken .....\$2.99

#### GRILLED CHICKEN CAESAR SALAD.....\$9.95

*A large bed of Romaine, tossed with Grilled Chicken and Shaved Parmesan*

#### CHEF SALAD.....\$10.75

*Turkey, Ham and Cheddar Cheese served on a bed of Our Salad Mix with Tomatoes, Green Peppers, Onions, Cucumbers, and an Egg. A Classic!*

#### SUMMER SALAD.....\$9.25

*A large bed of our Crisp Salad Mix with Mandarin Oranges, Cranraisins and Pecans.*

- Add 1 Scoop (choice of topping \*) .....\$2.49
- Add 2 Scoops (choice of topping \*) .....\$4.99
- Add Grilled chicken .....\$2.99

#### COLD PLATE - 1.....\$5.50

*1 Scoop of your Choice of Topping\*, A piece of Lettuce, Tomato and a pickle.*

### SALADS

#### OUR NEW HARVEST SALAD.....\$9.25

*Our Classic Salad Mix with Sliced Apple, Cranraisins, Grapes and Chopped Pecans. Try Our Raspberry or Balsamic Vinaigrette!*

- Add 1 Scoop (choice of topping \*) .....\$2.49
- Add 2 Scoops (choice of topping \*) .....\$4.99
- Add Grilled Chicken.....\$2.99

#### BLACK AND BLEU SALAD.....\$9.25

*Our Crisp Salad Mix served with Mandarin Oranges, Pecans and Bleu Cheese.*

- Add Grilled Chicken.....\$2.99
- Add 1 Scoop (choice of topping \*) .....\$2.49
- Add 2 Scoops (choice of topping \*) .....\$4.99

#### SIDE SALAD.....\$4.75

*Crisp Salad Mix with Tomato & Cucumber*

\*Choice of Topping: Creamy, Chunky, BBQ (Tomato, Special Blend, Mustard, Vinegar), Pimiento Cheese (Spicy or Regular), Tuna Salad, Ham Salad, Egg Salad

#### Salad Dressings

Ranch, Italian, Blue Cheese, Honey Mustard, Balsamic Vinaigrette, Caesar, and 1000 Island

Fat Free: Ranch, Italian and Raspberry Vinaigrette (Extra: **\$.50 each**)

Additional Toppings: (excluding meats and specialty items) **\$.50 each** Add: Cheddar, Blue Cheese or Parmesan **\$.75**

## Pasta's and Such

#### Vegi Pasta \$9.25

Carrots, Peas and Broccoli tossed in Alfredo Cream Sauce.  
 (Cajun or South Sea Herb Seasoning Available)

Add Grilled Chicken ..... \$2.99

#### BBQ Plate \$9.95

1/2 lb. of Our Pulled Smoked Pork with one of Our Special Southern Sauces, Texas toast & 2 side items!!

#### SOUPS

Cup of Soup \$3.29

Bowl of Soup \$4.99

Add a Cup of Soup to a Sandwich or a Salad: \$2.79

#### Kid's Korner (For Kid's Under 8 ONLY)

- Kid's Burger (Ketchup only).....\$4.99
- Add cheese.....\$0.50
- Corn Dog .....\$4.99
- Grilled Cheese (cheese only) .....\$4.99
- Chicken Nuggets.....\$4.99
- Cheese Quesadilla.....\$4.99

Kid's Meals Include a Juice

- Desserts
- Assorted Cookies .....\$0.50

### Our Famous Homemade Items TO GO

	(1/2 lb)	(1 lb)	(5 lb)
Our Homemade Chicken Salad ..... (Creamy or Chunky)	\$4.99	\$8.59	\$38.99
Bar-B-Q ..... (Mustard, Tomato, Vinegar or Special Blend)	\$4.99	\$8.59	\$38.99
Pimiento Cheese (Spicy or Regular).....	\$2.99	\$5.50	\$26.00
Tuna Salad.....	\$4.99	\$8.59	\$38.99
Ham Salad.....	\$4.99	\$8.59	\$38.99
Slaw.....	\$2.75	\$3.99	\$18.50
Pasta Salad.....	\$2.75	\$3.99	\$18.50
Potato Salad.....	\$2.75	\$3.99	\$18.50
Egg Salad.....	\$3.75	\$6.50	\$30.00

**Ask for Our "Catering Menu"  
 For Your Family or  
 Business Gatherings!!**

**FOOD ALLERGY NOTICE:** Please be advised that food prepared here may contain these ingredients:  
 Milk, Eggs, Wheat, Soybean, Peanuts, Tree Nuts, Fish and Shellfish.

Prices are subject to change. Split Charge of \$.50 will be added for any items split.